
A Balm for Body, Mind and Spirit



1980s, she saw Hana Nai'a as the ideal vehicle for integrating the wonders of the natural world with her professional skills as a massage therapist, one who nurtures.

While rooted in the spiritual, Hana Nai'a is also a strong source of physical and emotional rejuvenation. Those who have experienced LaStone "hot rock" therapy at the Hualalai Sports Club & Spa will remember the final touch of the session, a gentle dab on the forehead with an ambrosial blend of Egyptian basil, sandalwood, frankincense, rose geranium, blood orange, rosewood and spearmint oils. This remarkable formula, called Stone Soul or Jewel in the Lotus, is one of many extraordinary products in the Hana Nai'a product line. She blends these oils specially for Hualalai Resort, where her work as a massage therapist is in high demand.

She obtains the finest grade of essential oils from John Steele, world-renowned aromatherapist, archaeologist and anthropologist, whose standards are of utmost integrity. His oils from the Amazon do not disturb the rainforest, she says; and he returns 50 percent of the profits from the rare blue cypress to his source, the Aborigines. Few hands have touched the oils before reaching Maryann. She blends her formulas with keen attention to every step, from selecting the oils to the blending, bottling and labeling.

There is a formula that relaxes, one that cleanses, one that invigorates and another that balances. For the travel-weary there is Jet Lag—with ginger, clary sage, rosemary, peppermint, Melissa and Angelica—a nerve tonic that reduces swelling and muscle aches. There are



The Hawaiian translation for Hana Nai'a, the aromatherapy product line of Hualalai Sports Club & Spa, is "to have great love for the spinner dolphins." Maryann Rose Broyles, who makes these products with profound reverence, chose this name in honor of the dolphins who saved her when she was lost at sea in 1985.

"We sailed from Santa Cruz to Hawai'i and were lost in a bad storm," she recalls. "The storm had pushed us around South Point and up the Kona Coast of the Big Island. All of a sudden there were scores of spinner dolphins playing in the bow wake and escorting us safely to Kealahou Bay."

The miracle of the rescue has never left Maryann's mind. A longtime massage therapist, she settled on the Big Island, and in 1992 established Hana Nai'a as her personal expression of gratitude to the gentle creatures who welcomed her. Having blended aromatherapy oils for personal gifts since the

Maryann Broyles blends her Hana Nai'a products with the finest ingredients and a reverence for the spinner dolphins that guided her safely to Hawai'i.



after-sun care products, lotions for herbal wraps, bath salts, an invigorating eucalyptus "breathing oil," and other rejuvenating products.

"The carrier oils are grapeseed, jojoba, and vitamin E," explains Maryann. "For the face oil I use jojoba, evening primrose and vitamin E, and sometimes for the hair, kukui nut." Highly valued as food and medicine by the Hawaiians, kukui nut oil is cold pressed from the nuts of Hawai'i's state tree. In the Hana Nai'a products, these blends carry the essences of lavender, geranium, lemon, grapefruit, ylang ylang, birch and other carefully selected botanicals. Perfume oils, such as the highly acclaimed Citrus Exotica and the euphoric Mango, provide cosmetic and healing benefits that are highly touted by residents and guests at the Spa.

The benefits of these oils, says Maryann, have been known for eons and studied throughout Asia, Europe, and the United Kingdom. They were used in civilizations as old as Egypt. Aromatherapy's effectiveness comes from the powerful ability of the sense of smell to remain in direct contact with the brain and environment. By bypassing the demands of the digestive system, which often fails to absorb nutrients completely, essential oils send messages efficiently and directly to the emotional, neural, and hormonal centers through the sense of smell.

Hana Nai'a is a family business based in an 11-acre koa forest 2,500 feet high on the slopes of Mauna Kea. Maryann's husband, Markus, is a massage therapist as well as a sculptor. While helping with the blending, bottling and packaging of the Hana Nai'a products, he is best known for his sculptures of dolphins, the family icon.